

**SUPPORT.
ADVOCACY.
PREVENTION.**

YOU ARE NOT ALONE...

Victim Assistance Center

- Every 107 seconds, another American is sexually assaulted ²
- 44% of sexual assault victims are under age 18 ¹
- 80% of sexual assault victims are under the age 30 ¹
- Each year 293,066 Americans are raped ²
- 93% of sexual assault victims under 18 knew their attacker ³
- 2.73 million men in the U.S. have been victims of sexual assault or rape ¹

*For more information please
visit www.pcar.org*

References

1. U.S. Bureau of Justice Statistics, *Sex Offenses and Offenders*. 1997.
2. U.S. Department of Justice, *National Crime Victimization Survey*. 2012.
3. U.S. Bureau of Justice Statistics, *2000 Sexual Assault of Young Children as Reported to Law Enforcement*. 2000.

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**ACCESS York &
Victim Assistance Center**

P.O. Box 30
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Phone: 717.854.3131

Toll Free: 1.800.422.3204

www.ywcayork.org

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ABOUT VICTIM ASSISTANCE CENTER

Victim Assistance Center (VAC) was established in 1976 to provide services to victims of sexual violence and other violent crimes.

All services are free and confidential to crime victims and their loved ones.

- 24-Hour Hotline
- Information and Referral Services
- Crime Prevention Education
- Professional trainings to area providers
- Individual Counseling
- Group Counseling
- Legal Advocacy
- Medical Advocacy
- Services to people who have lost loved ones to suicide or homicide.
- Advocacy and services for human trafficking victims.
- Coordination of the York County Alliance Against Sexual Violence

WHAT IS SEXUAL VIOLENCE?

- Sexual violence violates a person's trust and feeling of safety.
- It occurs any time a person is forced, coerced, and/or manipulated into any unwanted sexual activity.
- The range of sexual violence includes rape, incest, child sexual assault, ritual abuse, date and acquaintance rape, statutory rape, marital or partner rape, sexual exploitation, sexual contact, sexual harassment, exposure, human trafficking and voyeurism.
- Rape is a crime. It is a crime of power and control. Rapists use sex as a weapon to control, dominate, humiliate and hurt others.
- It can happen to anyone – women, men, adult or child. An abuser can be a friend, boyfriend, coach, parent, co-worker, family member or even a spouse.
- It is a common misconception that most sexual assaults are committed by strangers. You are more likely to be sexually assaulted by someone you know, than by a stranger.

IF YOU'VE BEEN SEXUALLY ASSAULTED

- Know that the assault is not your fault and you don't have to go through this alone.
- Find a safe place to go. If needed, emergency shelter could be provided.
- Contact our hotline (717) 854-3131 or (800) 422-3204 for assistance.
- Get medical attention. You may not be injured, but it's still important to be tested for sexually transmitted infections and pregnancy.
- If possible, do not shower or wash your clothes. You may have evidence on your body that can be collected by the hospital. If you put your clothes in a bag, be sure it is paper.
- If you want to report the assault to the police, you can call 911 or our hotline (see above) for assistance.
- Seek counseling. Our services are confidential and at no cost.
- If you believe a child (under 18) is being abused or neglected, call CHILDLINE at (800) 932-0313.

