Are you or someone you know in an unhealthy or abusive relationship? Have you or a friend experienced a form of sexual violence? You don’t have to wait – ask questions and talk with someone about your options TODAY.

eliminating racism 
empowering women
ywca
ACCESS York & Victim Assistance Center

717.846.5400
717.854.3131
1.800.262.8444
https://www.ywca.york.org/what-were-doing/victim-services/
PCADV.org · PCAR.org

More than 10 million people are physically abused by a partner everyday in America. Every 68 seconds, an American is sexually assaulted. You are not alone and you deserve support.

Know that sexual and domestic violence are never a victim’s fault and no one has to go through it alone. Support is here when you are ready. We are here if you or someone you know has questions about abuse, assault, harassment, or trafficking.

24/7. Free. Confidential.
717.846.5400
717.854.3131
1.800.262.8444
ABOUT ACCESS YORK AND THE VICTIM ASSISTANCE CENTER

The Victim Assistance Center and ACCESS York were established over 40 years ago in 1980 to provide services to victims and survivors of domestic violence, sexual violence, human trafficking, and other violent crimes.

All services are free and confidential to victims and their loved ones.

- 24-Hour Hotline
- Information, options, and referral services
- Emergency shelter for victims and survivors of domestic violence, sexual assault, and human trafficking (in York and Hanover)
- Bridge Transitional Housing serving survivors of domestic violence
- Still Waters Transitional Housing serving survivors of complex trauma
- Violence prevention education (including dating violence and bystander intervention trainings)
- Professional trainings to area providers
- Community outreach
- Individual and group counseling for survivors of domestic violence, sexual assault, human trafficking, and people who have loved ones affected by suicide, homicide, or other violent crime
- Support groups for domestic violence and sexual assault victims
- Legal advocacy, accompaniment, and representation
- Medical advocacy and hospital response
- Case management services for domestic violence and human trafficking victims

SEXUAL AND DOMESTIC VIOLENCE

Domestic violence is a pattern of coercive behavior used to exercise power and control over another person. Domestic violence occurs between intimate partners or family members. Domestic violence can include the following types:

- Physical
- Verbal/emotional
- Financial/economic
- Technology
- Sexual

Sexual violence is any type of unwanted sexual contact, including words and actions of a sexual nature against a person’s will. Force, threats, manipulation, or coercion may be used. Sexual violence violates a person’s feeling of trust and safety. Sexual violence can include:

- Exposure and/or voyeurism
- Unsolicited images of genitalia or pornography
- Assault and child sexual assault
- Harassment
- Incest
- Abuse
- Rape (including date, acquaintance, statutory, marital, and stranger)
- Sexual exploitation
- Human trafficking
- Domestic and sexual violence can happen to anyone – any gender, any age, any race, any religion, etc.

“If you know someone who is a victim or survivor of domestic or sexual violence… • Listen • Believe them • Be patient (you don’t need to be an investigator) • Refer them to our services for free and confidential support!”

“What can I do?”

In an emergency, call 911

Get medical attention, if needed. You may not be physically injured after a sexual assault, but it’s still important to be tested for sexually transmitted infections and pregnancy.

If you experienced a sexual assault, do not shower or wash your clothes. You may have evidence on your body that can be collected by the hospital. If you put your clothes in a bag, be sure it is paper.

Contact our hotlines for support & options:
717.846.5400, 717.854.3131, or 1.800.262.8444

Find a safe place to go. If needed, emergency shelter can be provided.

If you are experiencing domestic violence, create a safety plan. Call our hotline and an advocate can help you develop a plan for your unique needs.

Seek counseling. Call our hotline to set up an appointment.

If you believe a child (under 18) is being abused or neglected, call CHILDLINE at (800) 932-0313.