



Friday, April 23
 Registration: 4:00 p.m.
 Walk Begins: 5:00 p.m.
 Game Begins: 6:30 p.m.
 Revolution Stadium

eliminating racism
empowering women

ywca



Contact: Miesha Hill
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 Email: walkamile@ywcayork.org
 Websites: www.ywcayork.org
 www.yorkrevolution.com

To benefit YWCA York's Victim Assistance Center program

Walk a Mile in Her Shoes Registration Form

(To register or donate online, please visit: www.ywcayork.org)

Walker Information (please print clearly)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Gender: Male Female Under 18 18-24 25-44 45+

Shoes Needed (\$10 fee): Yes No If Yes, list men's shoe size: _____

Registration: \$40 before 4/2 \$50 after 4/2 \$10 shoe rental

Total \$ _____

T-shirt size: small medium large XL 2XL

T-shirts/Shoes: Only participants registered and paid by April 2nd are guaranteed a shirt and shoes in their size. Others may pick up a shirt/shoes while supplies last.

I understand that I am committing to participate in a one-mile walk—in high heels or like fashion—to benefit YWCA York's Victim Assistance Center program. I commit to raising a minimum of \$40 for the event, I will receive a t-shirt and ticket to the Revolution home game on 04/23/10.

Walk a Mile Waiver

In consideration of the acceptance of this entry to Walk a Mile in Her Shoes, I waive all claims for myself, my heirs, and assigns, the sponsors, co-operating and coordinating groups and any individuals associated with the event and will hold them harmless for any and all injuries or illness which may result from my participation. I further state that I am in proper physical condition to participate in this walk. I hereby give my permission to YWCA York, York Revolution, and various media outlets to use my name and/or picture in any newspaper, broadcast, telecast or any other account of this event, without limitation, and without obligation to anyone to compensate me further thereof.

Signature: _____

Date: _____

All entrants (parent/guardian if under 18) must sign.

Fundraising Tip: Ask friends, neighbors, colleagues, relatives, etc., to sponsor you, your entry fee, or your shoes by donating money to Walk a Mile in Her Shoes.

I am unable to walk, but please accept my donation of \$ _____ for YWCA's Victim Assistance Center.

I am raising money and will bring donations to the event. (Online pledges can be made @ www.ywcayork.org)

Please charge \$ _____ to my Visa MasterCard American Express Discover

Credit Card # _____ Exp. Date: _____

Authorized Signature: _____

All registration fees or pledges must be received by Friday, April 23 by 4:30 p.m. Pledge forms can be returned anytime to YWCA or at our kick-off event, Tuesday, April 20 from 4:00-6:00 p.m. at the White Rose Bar & Grill.

To donate online, please visit: www.ywcayork.org or www.yorkrevolution.com

Please make checks payable to: **YWCA York/Walk a Mile in Her Shoes.**
320 E. Market Street, York, PA 17403