



Girls on the Run® Assistant Coach Job Description

Serving as an assistant coach is a fun and rewarding way to get involved with Girls on the Run and learn more about our program. You get to experience the program first hand, feel a sense of accomplishment that you have made a difference in the lives of the girl, and have a ton of fun with your team of coaches and incredible girls! This is a perfect opportunity for individuals who can't make the twice-weekly time commitment to be a head coach!

Job Summary:

The Assistant Coach is a volunteer position that assists the Head Coach(s) at a Girls on the Run program site. The position entails approximately 1.5-3 hours per week for 10 weeks. Assistant Coaches can choose to attend both program sessions per week OR commit to only one day a week. We ask each Assistant Coach to determine which schedule works best for them and to maintain that schedule throughout the program for consistency on behalf of the girls. While the Assistant Coach is not primarily responsible for facilitating the Girls on the Run curriculum, they are there to support the Head Coach and program participants.

This volunteer position may be used as a college internship, service learning project or other college credit project upon agreement of the school and Program Coordinator or Executive Director.

Core Duties/ Responsibilities include the following (other duties may be assigned):

- Understand and believe in the mission of Girls on the Run
- Serve as a role model and mentor for program participants
- Attend program session on selected day(s) on a consistent basis
- Assist with all aspects of the facilitation of the Girls on the Run curriculum
- Attend coaches meetings in absence of head coach
- Encourage and cheer for all participants
- Participate in games and workouts with the girls as needed by the coaches
- Attend a community 5K with coaches, program participants and other volunteers

Qualifications:

- A strong desire to work in the field of youth character development
- Excellent communication skills
- Experience working with youth
- Capacity to work in a partnership with a head and assistant coach(s)
- Flexibility/ Ability to accommodate to a changing environment
- Attend a full day coach's training with the Executive Director and/ or Program Coordinator
- Strives to lead a healthy lifestyle

How to Apply:

The easiest way to apply is by emailing any questions to Julie Shilke, program coordinator, at jshilke@ywcayork.org.